# Denver Metro EMS Medical Directors

Protocol Updates July 2025



# February 2025 Change List

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# February 2025 Change List

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# **0010 Introduction**

## OLD

The following protocols have been developed and approved by the Denver Metro EMS Medical Directors (DMEMSMD) group. These protocols define the standard of care for EMS providers in the Denver Metropolitan area, and delineate the expected practice, actions, and procedures to be followed.

## NEW

The following protocols have been developed and approved by the Denver Metro EMS Medical Directors (DMEMSMD) group. These protocols define the treatments, procedures, and guidelines approved by the Denver Metro EMS Physician Group. In Colorado, the scope of practice and acts allowed for EMT, EMT-IV, AEMT, EMT-I and Paramedic certifications are defined by the Colorado Department of Public Health and Environment, 6 CCR 1015-3 Chapter Two - Rules Pertaining to EMS Practice and Medical Director Oversight. These protocols do not supersede Chapter Two allowances, but in some instances may not include all acts allowed from Chapter Two depending on medical directors' preference.

These protocols are consensus based incorporating current <u>industry</u> best practices and available evidence to the extent possible. No protocol can account for every clinical scenario encountered, and the DMEMSMD

## 0030 Consent, 0031 Patient **Determination, 0032 Refusal Protocols**

#### 0030 General Guidelines: Consent Patient does not have Contact Base if there are any No Conscious adult or qualifying decision-making questions or concerns about minor? capacity, treat under decision-making capacity implied consent Yes General Principles Reasonable concern the person is experiencing a An adult in the State of Colorado pehavioral health crisis or are is 18 years of age or older. es. Is a mental health gravely disabled, and, without Every adult is presumed capable hold in place? professional intervention may of making medical treatment be a danger to themselves of decisions. This includes the right Yes others to make "bad" decisions that the prehospital provider believes are No Transport under not in the best interests of the mental health patient hold Determine presence of A call to 9-1-1 itself does not decision-making capacity prevent a patient from refusing treatment. A patient may refuse C: Choose / Communicate medical treatment (IVs, oxygen, Can the natient medications), but you should try to communicate a choice' inform the patient of the need for No to Any U: Understand therapies, offer again, and treat to the extent possible. Does the patient understand The odor of alcohol on a patient's the risks/ benefits/ breath does not, by itself, prevent alternatives/ consequences Values of the decision? a patient from refusing treatment. Attempt to assess if the patient's A person is welcome to reengage R: Reason decision is in line with how they have the EMS system at any time after approached the other questions they Is the patient able to reason initially refusing care. and provide logical have been asked during assessment If possible, obtain collateral evolenation for the information from friends or family to decision? Special Situations determine if the patient's decision is V: Values in line with other decisions or In rare circumstances a person other Is the decision in conversations than the patient may authorize accordance with the An example question to assess consent. This may include: patient's values system' values: "How did you reach your Court order (Guardianship) decision to accept (or reject) care?" · Medical durable power of Yes to All attomey of the patient may authorize treatment and transpor Decision-making capacity decisions when the patient lacks

intact

medical decision-making

Law enforcement officer may

custody or detention to be

treatment decisions.

evaluated but cannot dictate

authorize transport of people in

capacity

#### Scene Safety Management

- EMS may withdraw or disengage from a person, regardless of mental health hold status, for the following reasons:
- o Scene is unsafe or patient poses perceived safety risks to EMS
- Law enforcement is unable to provide scene safety
- o Law enforcement cannot or will not gain access to the patient Document reasonable attempts to communicate with the person and deescalate the situation



- be done by law enforcement
- Providers should prioritize scene safety; if the situation escalates, providers should disengage and request law enforcement support
- . If an individual with no apparent complaints refuses evaluation and departs the scene, do not attempt to physically restrain or detain them.
- Refer to psychiatric/behavioral health protocol for guidance on transport holds.
- Complete thorough documentation of the encounter, including the circumstances of the contact, the individual's actions, and the final disposition



### OLD



#### Involuntary Consent

In rare circumstances a person other than the patient may authorize consent. This may include:

- Court order (Guardianship)
- . Law enforcement officer may authorize transport of prisoners in custody or detention in order to be evaluated but cannot dictate treatment decisions.
- · Persons under a mental health hold or commitment who are a danger to themselves or others or are gravely disabled.

0030 General Guidelines: Consent

No

No

No

No

No

Patient does not have

treat under implied or

involuntary consent

- . It is sufficient to assume the patient lacks decision-making-capacity if there is a reasonable concern when any person appears to have a mental illness and, as a result of such mental illness, appears to be an imminent danger to others or to himself or herself or appears to be gravely disabled. Effort should be made to obtain consent for transport from the patient, and to preserve the patient's dignity throughout the process. However, the patient may be transported over his or her objections and treated under involuntary consent if the patient does not comply.
- Contact Base if there are any questions or concerns about decision-making-capacity.



#### OLD NEW Patient does not have No No Conscious adult or qualifying Patient does not have Conscious adult? decision-making minor? decision-making-capacity, capacity, treat under treat under implied or Yes implied consent involuntary consent Yes Determine presence of decision-making-capacity Reasonable concern the person is experiencing a behavioral health crisis or are Yes No Is a mental health gravely disabled, and, without hold in place? professional intervention may be a danger to themselves or Yes others No Transport under mental health hold Determine presence of decision-making canacity



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OLD



Determine presence of decision-making capacity

### C: Choose / Communicate

Can the patient communicate a choice?

### U: Understand

Does the patient understand the risks/ benefits/ alternatives/ consequences of the decision?

### R: Reason

Is the patient able to reason and provide logical explanation for the decision?

### V: Values

Is the decision in accordance with the patient's values system?

### OLD

## NEW

#### Involuntary Consent

In rare circumstances a person other than the patient may authorize consent. This may include:

- · Court order (Guardianship)
- Law enforcement officer may authorize transport of prisoners in custody or detention in order to be evaluated but cannot dictate treatment decisions.
- Persons under a mental health hold or commitment who are a danger to themselves or others or are gravely disabled.
- It is sufficient to assume the patient lacks decision-making-capacity if there is a reasonable concern when
  any person appears to have a mental illness and, as a result of such mental illness, appears to be an
  imminent danger to others or to himself or herself or appears to be gravely disabled. Effort should be
  made to obtain consent for transport from the patient, and to preserve the patient's dignity throughout the
  process. However, the patient may be transported over his or her objections and treated under
  involuntary consent if the patient does not comply.

Contact Base if there are any questions or concerns about decision-making-capacity.

#### **Special Situations**

In rare circumstances a person other than the patient may authorize consent. This may include:

- Court order (Guardianship)
- Medical durable power of attorney of the patient may authorize treatment and transport decisions when the patient lacks medical decision-making capacity
- Law enforcement officer may authorize transport of people in custody or detention to be evaluated but cannot dictate treatment decisions.

### NEW

## Scene Safety Management

- EMS may withdraw or disengage from a person, regardless of mental health hold status, for the following reasons:
  - Scene is unsafe or patient poses perceived safety risks to EMS
  - Law enforcement is unable to provide scene safety
  - Law enforcement cannot or will not gain access to the patient
- Document reasonable attempts to communicate with the person and deescalate the situation.

## **0031** Patient Determination

**NEW** 





0031 GENERAL GUIDELINES: PATIENT DETERMINATION: "PATIENT OR NO PATIENT"

#### **General Guidelines**

This protocol is intended to refer to individual patient contacts. In the event of a multiple party incident, such as a multi-vehicle collision, it is expected that a reasonable effort will be made to identify those parties with acute illness or injuries. Adult patients indicating that they do not wish assistance for themselves or dependent minors in such a multiple party incident do not necessarily require documentation as patients.

No protocol can anticipate every scenario and providers must use best judgment. When in doubt as to whether individual is a "patient", err on the side of caution and perform a full assessment and documentation



## **0031** Patient Determination





### NEW

### Does the person meet ANY of the following criteria?

- Person is a minor (<18 years)
- Person lacks decision-making capacity (Refer to <u>consent</u> protocol)
- · Acute illness, injury, or intoxication suspected based on appearance
- Person has a complaint resulting in a call for help
- 3rd party caller indicates individual is ill, injured or gravely disabled
- Person was found on the floor and/or has an unexpected/unexplained change in their ability to stand, ambulate or transfer (see <u>lift assist</u> protocol)

# **0031** Patient Determination

### NEW

### **Duty to Respond**

- Providers must act within the limits of their legal authority.
- The duty to act begins at patient contact within the scope of an EMS professional's ability to access and assess the individual.
- Forced entry to assess a potentially hostile person is not in the EMS providers scope and any entry should be done by law enforcement.
- Providers should prioritize scene safety; if the situation escalates, providers should disengage and request law enforcement support.
- If an individual with no apparent complaints refuses evaluation and departs the scene, do not attempt to
  physically restrain or detain them.
- Refer to psychiatric/behavioral health protocol for guidance on transport holds.
- Complete thorough documentation of the encounter, including the circumstances of the contact, the individual's actions, and the final disposition.



## OLD

### **Standing Order Refusal**

No base contact required if ALL criteria met:

- 18 and older, or 5 and older if parent/guardian on scene
- Patient has decisionmaking-capacity

## NEW

### Standing Order Refusal

- No base contact required if ALL criteria met:
- 18 and older, or 5 and older if parent/guardian on scene
- Patient has decisionmaking-capacity
- Unable to safely assess and provide care, refer to <u>patient determination</u> protocol

NEW

### **High Risk Patients**

OLD

Base Contact is strongly recommended whenever, in the clinical judgement of the EMS provider, the patient is at high risk of deterioration without medical intervention.

### **High Risk Patients**

Base Contact is strongly recommended whenever you have assessed the patient and, in the clinical judgement of the EMS provider, the patient is at high risk of deterioration without medical intervention.

## OLD

### **Documentation Requirements for Refusal**

- Confirm <u>decision-making capacity</u>
- EMS assistance offered and declined
- Risks of refusal explained to patient
- Patient understands risks of refusal
- Name of Base Station physician authorizing refusal of care unless standing order refusal
- Signed refusal of care against medical advice document, if possible
- Any minor with any complaint/injury is a patient and requires a PCR

### NEW

### **Documentation Requirements for Refusal**

- Any minor with any complaint/injury is a patient and requires a PCR
- Confirm decision-making capacity
- EMS assistance offered and declined
- Risks of refusal explained to patient
- Patient understands risks of refusal
- Patient reminded they may reengage the EMS system at any time after initially refusing care.
- Name of Base Contact physician authorizing refusal of care unless standing order refusal
- Signed refusal of care against medical advice document, if possible

# **0050 Field Pronouncement**

### D. Nonviable Birth:

- 1. If <22 weeks gestation, do not resuscitate
- 2. If gestational dates <u>unknown</u>, examine fingers
  - a. If not fused, resuscitate
  - b. If fused, do not resuscitate
- Regardless of gestational age, if <u>infant</u> is born with no signs of life and has one of the following, do not resuscitate
  - a. Decomposing and/or macerated, sloughing skin
  - b. Anencephalic infants, missing a major part of the head and/or brain
- 4. Keep mother and child together, if possible.
- 5. Contact Base

# **0051** Termination of Resusciation

- D. In newly born babies deemed a <u>viable birth</u> receiving resuscitation, if there is no heart rate and all the steps of resuscitation have been performed, cessation of resuscitation efforts may be discussed with the team and the family. A reasonable time frame for this change in goals of care <u>are</u> around 30 minutes after birth. **Contact Base**
- E. Once the patient is pronounced, they become a potential coroner's case. From that point on the patient should not be moved and no clothing or medical devices (lines, tubes etc.) should be removed or altered pending coroner evaluation. Exceptions may exist in order to keep newly born and mother together.

# \*\*NEW\*\* 0070 Lift Assist / Medical Assist





Yes

# Expanded screening – Does patient have any of the following?

- Non-mechanical reason for fall
- New medical complaint or problem
- Traumatic injury
- New neurological deficit
- Resting heart rate >90 or <60 beats per minute
- Systolic blood pressure >200 mmHg or <110 mmHg</li>

- If <u>altered mental status</u>, consider possible causes
- If <u>trauma</u> suspected, treat per protocol

   Verify if patient is on blood thinners
- Consider stroke with neurological deficit
- Consider <u>sepsis</u>
- Consider cardiac cause
- If unsure, err on side of caution and recommend physician evaluation

No

Yes OR

Is Baseline

for Patient

### Assess functional mobility:

- Can patient sit on the edge of the chair of bed unsupported?
- Can patient stand from sitting without assistance (can use walker)?
- Gait is stable or unchanged steady and without shuffling?
- Able to access locations unassisted (kitchen, bathroom, phone, etc.)

 Patient has no identified high-risk factors. Offer transport and treat as per protocol.

- Provide assistance and document per agency guidelines
- If refusing transport, refer to refusal protocol

No

- Patient has high risk factors for underlying medical/traumatic disease process that can lead to worsening condition without hospital evaluation
- If refusing transport, refer to <u>refusal protocol</u>
- If refusal is based on an alternate disposition of care (e.g. hospice), confirm and document.

### Consider contacting adult protective services if:

- Patient cannot meet basic needs (food, hygiene, medications) and no capable help is present.
- Unsafe living conditions pose an immediate risk (e.g., filth, hoarding, utilities shut off).
- Signs of abuse, neglect (including self), or exploitation.
- Caregiver appears impaired, absent, abusive, or unwilling to provide necessary care.
- Refer to <u>mandatory reporting</u> protocol

# **0990 Quick Reference Guide**

- Addition of diltiazem for Paramedics (base contact only)
- Under epinephrine, correction by adding "Pediatric systemic allergic reactions – IM"





### OLD

#### Age ≤ 2 years old

#### Bronchiolitis most common

- Viral illness characterized by fever, copious secretions and respiratory distress typically seen November through April
- Most important interventions are to provide supplemental oxygen and suction secretions adequately
- In children > 12 months of age with a strong family history of asthma, a trial of albuterol may be warranted. If clinically responsive, consider steroids and additional bronchodilators (albuterol + ipratropium)

### NEW



#### Bronchiolitis more common

- Viral illness characterized by fever, copious secretions and respiratory distress typically seen November through April
- Most important interventions are to provide supplemental oxygen and suction secretions adequately
- In children > 3 months of age with a strong family history of asthma, prior albuterol use, or prematurity, a trial of albuterol may be warranted. If clinically responsive, consider additional bronchodilators (albuterol + ipratropium)

### OLD



- Administer oxygen to obtain saturations > 90%
- Nasal suction with 3 mL saline
- Transport in position of comfort
- Monitor SpO2, RR, retractions, mental status

- Administer oxygen to obtain saturations > 90%
- Nasal suction with 3 mL saline
- Transport in position of comfort
- Monitor SpO2, RR, mental status
- Consider <u>20mL/kg NS bolus</u>

### OLD

NEW

Give nebulized <u>albuterol</u> + <u>ioratropium</u> May give continuous neb for severe respiratory distress Give nebulized <u>albuterol</u> + <u>ipratropium</u> May repeat x 3, then give continuous albuterol for severe respiratory distress

## **3020** Neonatal Resuscitation

### OLD

### NEW

Termination of Resuscitation

 In newly born babies receiving resuscitation, if there is no heart rate and all the steps of resuscitation have been performed, cessation of resuscitation efforts may be discussed with the team and the family. A reasonable time frame for this change in goals of care are around 30 min after birth.

#### Field Pronouncement / Termination of Resuscitation

- For information on pronouncement of nonviable births, refer to <u>field pronouncement</u> protocol.
- For information on termination of efforts of newly born, refer to <u>termination of</u> <u>resuscitation</u> protocol.

## **3040 Tachyarrhythmia with Poor Perfusion**



## 4010 Universal Altered Mental Status



# 6000 Psychiatric/Behavioral Patient

## OLD – Transporting Patients Who Have a Behavioral Health Complaint

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E. It is sufficient to assume the patient lacks decision-making capacity if there is a reasonable concern when any person appears to have a mental illness and, as a result of such mental illness, appears to be an imminent danger to others or to himself or herself or appears to be gravely disabled. Effort should be made to obtain consent for transport from the patient, and to preserve the patient's dignity throughout the process. However, the patient may be transported over his or her objections and treated under involuntary consent if the patient does not comply. A patient being transported for psychiatric evaluation may be transported to any appropriate receiving emergency department.

### NEW - Transporting Patients Who Have a Behavioral Health Complaint

- E. It is sufficient to assume the patient lacks decision-making capacity if there is probable cause to believe a person is experiencing a behavioral health crisis or is gravely disabled, and, as a result without professional intervention may be a danger to themselves or others. Effort should be made to obtain consent for transport from the patient, and to preserve the patient's dignity throughout the process. If consent cannot obtained, the person can still be transported under any of the following:
  - a. Responder on scene who is authorized, credentialed, and willing to initiate a transportation hold (M-0.5) or a mental health hold (M-1) (C.R.S 27-65 et seq.). Follow agency specific guidelines regarding use of transportation holds.
  - b. The patient may be transported over his or her objections and treated under implied consent.
- F. A patient being transported for psychiatric evaluation that does not require medical assistance may be transported to any appropriate 27-65 designated facility, walk-in crisis center, or receiving emergency department.

## 6000 Psychiatric/Behavioral Patient OLD – Transporting Patients on a Mental Health Hold

#### Transporting Patients on a Mental Health Hold

- A. By law, patients detained on a mental health hold may not refuse transport. Similarly, by law, patients on a mental health hold are required to be evaluated by a physician or psychologist and must be transported.
- B. Although it is commonly believed that the original copy of the mental health hold form is required to accompany the patient, a legible copy of the mental health hold form is also sufficient.
- C. The form documenting the mental health hold should be as complete as possible, including the correct date and time that the patient was detained. The narrative portion should be completed. A signature and license or badge number is also required. Assure that the form is complete before departing.
- D. The mental health hold does not need to be started on patients who are intoxicated on drugs and/or alcohol. Nor is it required for patients who are physically incapable of eloping from care, such as those who are intubated, or physically unable.
- E. The patient rights form does not need to accompany the patient. The receiving facility may complete this form if there are concerns.
- F. If possible, seek direction from the sending facility regarding whether the patient may require sedation and restraint. Consider ALS transport if this is the case.
- G. Recall that patients who are a danger to self/others or gravely disabled due to mental illness may be transported by EMS without a mental health hold, under involuntary consent.

# NEW – Transporting Patients on a Mental Health Hold

#### Transporting Patients on a Mental Health Hold (M-1) - C.R.S 27-65 et seq.

- A. Refer to agency specific guidelines regarding use of and requirements for transportation holds (M-0.5).
- B. Although it is commonly believed that the original copy of the mental health hold form is required to accompany the patient, a legible copy of the mental health hold form is also sufficient.
- C. By law, patients detained on a mental health hold may not refuse transport. Similarly, by law, patients on a mental health hold are required to be evaluated by an evaluating professional (intervening professional, physician or psychologist) and should be transported
- D. The form documenting the mental health hold should be as complete as possible, including the correct date and time that the patient was detained. The narrative portion should be completed. A signature and license or badge number is also required. Assure that the form is complete before departing.
- E. The mental health hold does not need to be started on patients who are intoxicated on drugs and/or alcohol.
- F. The mental health hold patient rights form (M-2) for mental health holds do not need to accompany the patient. The receiving facility may complete this form if there are concerns. Refer to agency specific guidelines on requirements for transportation patient rights forms (M-0.51) for transportation holds.
- G. Consider ALS attendant if the patient may require sedation during transport.
- H. If you have a reasonable concern the person is experiencing a behavioral health crisis or are gravely disabled, and, without professional intervention may be a danger to themselves or others the patient can be transported under implied consent.
- I. EMS may withdraw or disengage from a person, regardless of mental health hold status, for the following reasons:
  - a. Scene is unsafe or patient poses perceived safety risks to EMS
  - b. Law enforcement is unable to provide scene safety
  - c. Law enforcement cannot or will not gain access to the patient
  - d. Document reasonable attempts to communicate with the person and deescalate the situation.

# \*\*NEW\*\* 9095 Diltiazem

#### DILTIAZEM (CARDIZEM)

#### Description

Diltiazem is a class 4 antidysrhythmic calcium channel blocker. It inhibits extracellular calcium ion influx across membranes of myocardial cells and vascular smooth muscles resulting in inhibition of cardiac and vascular smooth muscle contraction. Inhibitory effects on the cardiac conductions system acting principle at the AV node with some effects on the SA node.

#### Indications

- Atrial Fibrillation/Atrial Flutter with a rapid ventricular response
- Narrow complex tachycardia refractory to adenosine

#### Precautions

- Use with caution in pregnant patients
- Important to recognize and treat underlying causes prior to administration (example: IV fluid resuscitation for hypovolemia)

#### Contraindications

- Hypotension
- Acute decompensated or symptomatic congestive heart failure
- AMI
- 2<sup>nd</sup> or 3<sup>rd</sup> degree AV block
- Patients who have received IV beta blockers within 3 hours
- Ventricular tachycardia or any wide complex tachycardia of unknown origin
- Sick sinus syndrome except in those with a functioning ventricular pacemaker
- Patients with atrial fibrillation or atrial flutter associated with Wolff-Parkinson White syndrome (WPW) or short PR syndrome.
- Concern for sepsis or sepsis syndrome

#### Adverse Reactions

- Hypotension
- Bradycardia
- 2<sup>nd</sup> or 3<sup>rd</sup> degree AV block

#### Dosage and Administration

#### Adult:

#### Atrial Fibrillation/Atrial Flutter with a rapid ventricular response (Base Contact) Narrow complex tachycardia refractory to adenosine (Base Contact)

- 0.25 mg/kg IV/IO over at least 2-3 minutes. Half the dose in the elderly population
- Repeat in 10 minutes at 0.35 mg/kg IV/IO over at least 2-3 minutes if necessary
- For patients older than 65 years old, half the dose with a maximum initial dose of diltiazem 10 mg IV and a maximum second dose of 20 mg

#### Protocol

Tachyarrhythmia with Poor Perfusion

#### Special Considerations

A 12-lead EKG should be performed and documented, when available.

### Description

Diltiazem is a class 4 antidysrhythmic calcium channel blocker. It inhibits extracellular calcium ion influx across membranes of myocardial cells and vascular smooth muscles resulting in inhibition of cardiac and vascular smooth muscle contraction. Inhibitory effects on the cardiac conductions system acting principle at the AV node with some effects on the SA node.





### Indications

- Atrial Fibrillation/Atrial Flutter with a rapid ventricular response
- Narrow complex tachycardia refractory to adenosine



### Precautions

- Use with caution in pregnant patients
- Important to recognize and treat underlying causes prior to administration (example: IV fluid resuscitation for hypovolemia)

### Contraindications

- Hypotension
- Acute decompensated or symptomatic congestive heart failure
- AMI
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- Patients who have received IV beta blockers within 3 hours
- Ventricular tachycardia or any wide complex tachycardia of unknown origin
- Sick sinus syndrome except in those with a functioning ventricular pacemaker
- Patients with atrial fibrillation or atrial flutter associated with Wolff-Parkinson White syndrome (WPW) or short PR syndrome.
- Concern for sepsis or sepsis syndrome

### Adverse Reactions

- Hypotension ٠
- Bradycardia
   2<sup>nd</sup> or 3<sup>rd</sup> degree AV block

### Dosage and Administration

Adult:

Atrial Fibrillation/Atrial Flutter with a rapid ventricular response (Base Contact) Narrow complex tachycardia refractory to adenosine (Base Contact)

- 0.25 mg/kg IV/IO over at least 2-3 minutes. Half the dose in the elderly population
- Repeat in 10 minutes at 0.35 mg/kg IV/IO over at least 2-3 minutes if necessary
- For patients older than 65 years old, half the dose with a maximum initial dose of diltiazem 10 mg IV and a maximum second dose of 20 mg

### Protocol

<u>Tachyarrhythmia with Poor Perfusion</u>

### Special Considerations

A 12-lead EKG should be performed and documented, when available.

# 9170 Ipratropium Bromide

### OLD

Dosage and Administration

Adult Bronchospasm:

0.5 mg along with albuterol in a nebulizer

Child (1 year – 12 years) Moderate and Severe Bronchospasm

> 2-12 years: 0.5 mg along with albuterol in a nebulizer 1 to <2 years: 0.25 mg along with albuterol in a nebulizer Not indicated for repetitive dose or continuous neb use

Child (<1 year) Contact Base NEW

#### Dosage and Administration

#### Adult

Bronchospasm:

 0.5 mg along with albuterol in a nebulizer. May be repeated twice along with albuterol (total of 3 doses).

#### Child (1 year – 12 years): Moderate and Severe Bronchospasm



- 2 12 years: 0.5 mg along with albuterol in a nebulizer. May be repeated twice along with albuterol (total of 3 doses).
- 1 to <2 years: 0.25 mg along with albuterol in a nebulizer. Not indicated for repetitive dose or continuous neb use.

#### Child (<1 year): Contact Base

## 9180 Lidocaine

### OLD

### Dosage and Administration Adult:

50 mg slow IO push

## NEW

### Dosage and Administration Adult:

50 mg slow IO push (2-3 minutes) and volume per 1% (5mL) or 2% (2.5mL)

# 9200 Methylprednisolone

### OLD

## Contraindications

Evidence of active GI bleed

NEW

## Precautions

Use with caution in active GI bleed

## 8000X Trauma Extended Care Supplements

## OLD

#### Pain control

- Consider sequential doses of ketamine for patients with marginal blood pressures or hypotension (Paramedic with Critical Care Endorsement or WAIVERED for Paramedic)
- 2. If one category of drugs (opiates or ketamine) is working stay with that category
  - a. Unless you run out of that medication
  - b. If you switch medication categories do not continue to give medications from the first category. This will increase your risk of respiratory depression.

## NEW

### Pain control

- Consider sequential doses of ketamine for patients with marginal blood pressures or hypotension (Paramedic with Critical Care Endorsement or WAIVERED for Paramedic)
- 2. Consider multimodal pain management.

## **\*\*NEW\*\* List of Evidence Based Sources**

 A list of evidence-based sources used for protocol development is now available on the DMEMSMD website



DMEMSMD Evidence Based Sc	ources : Evidence Based Sources		
DMEMSMD Protocol	Author	Title	Link to Source
9120 Epinephrine	Weant K et al.	Efficacy of bolus-dose epinephrine to manage hypotension in the prehospital setting	https://pubmed.ncbi.nlm.nih.gov/34303186/
9120 Epinephrine	Holden et al.	Safety Considerations and Guideline-Based Safe Use Recommendations for "Bolus-Dose" Vasopressors in the Emergency Department	https://pubmed.ncbi.nlm.nih.gov/28601272/
9070 Benzodiazepines	Uebinger RM, Zaidi HQ, Tataris KL, et al.	Retrospective Study of Midazolam Protocol for Prehospital Behavioral Emergencies	https://www.ncbi.nlm.nih.gov/pmc/articles/PMC72
9070 Benzodiazepines 9045 Antipsychotics	Chan EW, Taylor DM, Knott JC, Phillips GA, Castle DJ, Kong DC.	Intravenous droperidol or olanzapine as an adjunct to midazolam for the acutely agitated patient: a multicenter, randomized, double-blind, placebo- controlled clinical trial.	https://pubmed.ncbi.nlm.nih.gov/22981685/
9070 Benzodiazepines 9045 Antipsychotics	Yap CYL, Taylor DM, Knott JC, Taylor SE, Phillips GA, Karro J, Chan EW, Kong DCM, Castle DJ.	Intravenous midazolam-droperidol combination, droperidol or olanzapine monotherapy for methamphetamine-related acute agitation: subgroup analysis of a randomized controlled trial	https://pubmed.ncbi.nlm.nih.gov/28160494/
9070 Benzodiazepines 9045 Antipsychotics	Taylor DM, Yap CYL, Knott JC, Taylor SE, Phillips GA, Karro J, Chan EW, Kong DCM, Castle DJ.	Midazolam-Droperidol, Droperidol, or Olanzapine for Acute Agitation: A Randomized Clinical Trial	https://pubmed.ncbi.nlm.nih.gov/27745766/
9045 Antipsychotics	Page CB, Parker LE, Rashford SJ, et al.	A Prospective Before and After Study of Droperidol for Prehospital Acute Behavioral Disturbance	https://pubmed.ncbi.nlm.nih.gov/29558224/
9070 Benzodiazepines	Guterman EL, Sporer KA, Newman TB, Crowe RP, et. al.	Real-World Midazolam Use and Outcomes With Out-of- Hospital Treatment of Status Epilepticus in the United States	https://pubmed.ncbi.nlm.nih.gov/35931608/
9190 Magnesium Sulfate	Camargo CA Jr, Rachelefsky G, Schatz M.	Managing asthma exacerbations in the emergency department: summary of the National Asthma Education and Prevention Program Expert Panel Report 3 guidelines for the management of asthma exacerbations	https://pubmed.ncbi.nlm.nih.gov/19683665/
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